

What is claimed is:

1. A personal load bearing device comprising:
  - a. a vertical member comprising a convexly curved medial face;
  - b. a cargo support member, wherein the upper surface of the cargo support member is located generally below the uppermost superior aspect of the vertical member, wherein a guard is formed above the intersection of the vertical member and the cargo support member; and;
  - c. means for coupling the device with a belt.
2. A personal load bearing device as in claim 1 wherein:
  - a. the means for coupling the device with a belt is an oblong cavity passing through the upper aspect of the device body between the medial and lateral faces.
3. A personal load bearing device as in claim 1 wherein:
  - a. the means for coupling the device with a belt is a clip.
4. A personal load bearing device as in claim 1:
  - a. wherein the cargo support member attaches to the vertical member at an upward angle, such that the intersection of one line bisecting the long axis of the vertical member and another line bisecting the long axis of the cargo support member forms an acute angle at the superior lateral corner of the intersection of these lines.
5. A personal load bearing device as in claim 2:
  - a. wherein the oblong cavity extends substantially above the level of the cargo support surface.
6. A personal load bearing device as in claim 4 further comprising:
  - a. a lip on the distal end of the cargo support member.